

OnCare Training Workgroup

Meeting Notes

Wednesday, July 23, 2014, 1:00 – 2:30pm

In Attendance: Shiann Brown (PEACE, Inc.), Peter Swords (OCMS), Matthew Roosa (Onon. Cty. Adult/LTC), Judy Nemecek (Youth Bureau); Karen Kalb (Community/Teacher); Joe Scripa (Onon. Cty. Adult/LTC)

OnCare Staff: Facilitators Bruce Brumfield (CCA) & Marilyn Woyciesjes

Excused: Kim Kromer-Murphy (Catholic Charities), John Cook (ACCESS)

Absent: Jennifer Parmalee (Onon. Cty./CFS)

Introductions/Updates: Workgroup Co-Chairs Shiann Brown and Peter Swords welcomed the members. Following brief introductions, the Meeting Notes from the June 25th Meeting were reviewed and approved.

Congratulations were extended to Bruce Brumfield who was recognized for receiving the National Advocate for Youth Rockstar Award from Youth MOVE National at the 2014 Georgetown Training Institutes held in Washington DC in July. Over 2,000 people attended this year's institutes – the theme was "Improving Children's Mental Health Care in an Era of Challenge and Innovation: The Role of the System of Care Approach".

Discussion: Peter reviewed the agenda and announced that the organizing, networking and empowerment item and the discussion about partnering with other groups offering trainings of mutual interest would be held for discussion at the August Workgroup meeting. This change allows Tashia Thomas to join in the discussion and inform the group about other community training initiatives that are closely aligned with the SOC goals.

For the remainder of the meeting attention was focused on a review of the Training Workgroup Planning Grid starting with training options for youth. During the introductions Karen commented that youth development training opportunities have diminished raising the question about possible opportunities for the Workgroup to find ways to fill the gap. Bruce Brumfield led the discussion with a review of the Youth Mental Health First Aid Training Model (MHFA). The audience would be families and youth age 18 and older, young adults and professional and non-professional staff. Each element of the grid was reviewed to determine if the MHFA training model meets the goals and objectives of the Workgroup. The decision was made to add the training to the calendar in the fall of 2014. Judy added that she could help with implementation of other youth development trainings identified by the Workgroup.

The next training option on the grid was the Question, Persuade and Refer Model (QPR), a suicide prevention training offered by Contact Community Services. The training is already scheduled for August 4th from 1:00-2:30pm to precede the Full Stakeholders Meeting. Registration filled quickly with over 50 participants' registered indicating a strong demand for the training. Marilyn reviewed each element of the grid as it relates to the QPR Model. It was determined that the MHFA training would serve as a good follow-up to the QPR training as it provides a more expansive approach to recognizing and dealing with trauma, crisis and suicide.

Shiann reviewed each element of the Healing the Hurt & Restoring the Hope Model offered by Rainbows, Inc. The facilitator training is for volunteers and covers a variety of topics dealing with loss and grief with age-directed curricula for children and youth ages 4-18. The intervention strategy involves use of a group therapeutic model to offer peer support group training. The training is offered on-line. A Coordinators Support Pak and other training guides and training materials are available for purchase at a reasonable cost. The model holds great potential and warrants further consideration.

Peter reviewed each element of the "Community Resiliency Model- CRM" (a train the trainer for parents, teachers, peers and direct staff) and the "Trauma Resiliency Model -TRM" (trauma processing for clinical settings) The essence of both models is to help people who have experienced a traumatic event to develop six basic skills and techniques of self-regulation to get back in tune with their bodies.

CRM "train-the-trainer" training has already begun with six local trainers completing the training. It was determined that the development of a no cost or low cost two day CRM training program for non-professionals and para-professionals, possibly supported by scholarships, should be included in the planning process.

A local TRM-1 training is scheduled for July 24-26th and a TRM-2 is planned for October 2014. The availability of the trainers for consultation and training is yet to be determined. TRM uses a train the trainer format utilizing two primary trainers and facilitators to lead small groups of 3-4 persons. The training is highly interactive and allows participants to develop and practice skills.

Kim was not present to review the Therapeutic Crisis Intervention (TCI) Model. This model was first developed for residential providers to promote safety and de-escalation of crisis situations but also has applications that work effectively for families/caregivers with in-home settings. This model has potential and warrants further discussion.

Mat reviewed each element of the Trauma Focused Cognitive Behavioral Therapy Model (TFCBT). It was determined that locally we have a sufficient number of trained clinicians who are involved in a continuous learning collaborative/peer case consultation process. The discussion focused on ways to support the TFCBT model by exploring complementary training opportunities for families, youth and non-professionals to increase their knowledge and understanding of the therapeutic approach. With increased knowledge they would be in a better position to offer collateral support to the individuals who are recipients of services to ensure positive outcomes. Further discussion and consultation with the clinicians would help in exploring potential training options. Mat agreed to follow-up and report back on his findings.

Marilyn briefly reviewed the Collaborative Problem Solving Model (CPS). The essence of the model is that "kids will do better when they can do better". The approach creates a new framework based on viewing kids with challenging behaviors as lagging in the skill vs. the will to behave well. Action has already been taken to introduce this model to the SOC. Linda Lopez will provide a brief presentation about the proposed system-wide implementation of CPS at the August Full Stakeholders Meeting. At this point in time, the Workgroup members need to stay informed about the progress as well as increase their knowledge and understanding of the model and its application.

A draft master copy of the Training Workgroup Planning grid is attached. Members were instructed to continue editing and adding information to the grid based on their knowledge and familiarity with the training topics. A method for rating and ranking the various training options is yet to be determined and the task will be on the agenda for the August meeting.

Please send a copy of the grid with your additions, deletions or comments to Marilyn prior to the August meeting. The grid will be used for follow-up discussion. Please rename your copy of the grid by adding your initials.

Next meeting: Wednesday, August 27, 2014, 1:00-2:30pm – Catholic Charities, 1654 W. Onondaga St., Conf. Rm A (park and enter in back of bldg.)